

SNAPSHOT: Your Average Month

Date: _____

EXPENSES (Money Moving Out of Your Home)

MONTHLY AVERAGE

Rent/Mortgage/Property Tax/Home Insurance \$ _____

Home Repairs and Maintenance (Monthly Average) \$ _____

Auto Loan Payments and Auto Insurance \$ _____

Auto Repairs and Maintenance (Monthly Average) \$ _____

Gasoline/Parking/Public Transportation \$ _____

Gas \$ _____ Electric \$ _____ Cable \$ _____ Internet \$ _____

Water \$ _____ Garbage \$ _____ Phone \$ _____ Cell \$ _____

TOTAL UTILITIES \$ _____

Groceries and Household Supplies (Average) \$ _____

Meals Out/Snacks/Coffee (Average) \$ _____

Tobacco/Alcohol (Average) \$ _____

Self Care (Haircut, Massage, Manicure, Cosmetics, Etc) \$ _____

Entertainment/Recreation/Hobbies/Sporting Activities \$ _____

Dependent Care (Expenditures for Children and/or Pets) \$ _____

Clothing Purchases and Dry Cleaning (Monthly Average) \$ _____

Medical/Dental/Therapy/Prescriptions (Monthly Average) \$ _____

Insurance Premiums (Medical, Disability, Life) \$ _____

Vacations/Travel (Monthly Average) \$ _____

Gifts to Others (Monthly Average) \$ _____

What else? _____ \$ _____

What else? _____ \$ _____

LIVING EXPENSES \$ _____

UNSECURED LOANS

Credit Card Debts – Total Minimum Monthly Payments \$ _____

Total Balance Due \$ _____

Other Debts & Loans – Total Minimum Monthly Payments \$ _____

Total Balance Due \$ _____

UNSECURED LOAN EXPENSE \$ _____

TOTAL MONTHLY EXPENSES \$ _____

INCOME (Money Moving Into Your Home)

MONTHLY AVERAGE

#1 Wages After Taxes	\$ _____
#2 Wages After Taxes	\$ _____
Commissions/Tips (Average)	\$ _____
Investments/Trusts (Dividends, Interest, Rent, etc)	\$ _____
Pension/Retirement/Social Security	\$ _____
Unemployment Benefits/Food Stamps	\$ _____
Child Support/Alimony	\$ _____
What else? _____	\$ _____
What else? _____	\$ _____

TOTAL MONTHLY INCOME \$ _____

COMPARE MONTHLY INCOME TO MONTHLY EXPENSES

Total Income _____
Subtract Total Expenses (_____)

NET \$ _____

(NET = Money Available for Savings, Investments, or Additional Spending)

If your expenses are greater than your income ... you have *two* choices:

- Reduce your expenses
- Earn additional income

If your income is greater than your expenses ... you have *many* choices:

- Freedom from financial insecurity
- Increased expenditures for yourself or others
- Savings for your future, near-term and long-term

***Accurate financial information is liberating.
Truthful awareness of the movement of money in your life
will provide the foundation for financial well-being.***